TshruFaDvb98-1.jpg

The file “TshruFaDvb98-1.jpg” is an edited image of a National Amateur Body-Builders Association (NABBA) weight-training instructor course certificate.[1]

Visible text

- Header reads **“NATIONAL AMATEUR BODY-BUILDERS ASSOCIATION”**, with the NABBA-style globe-and-bodybuilder emblem in the center.[1]
- Mid-section states “THIS IS TO CERTIFY THAT” followed by the name “Caglar Juan Singletary” in prominent pink text; additional pink overlay text includes “FOR … BIBLIA.”[1]
- Main body mentions attendance at a “N.A.B.B.A. WEIGHT TRAINING INSTRUCTORS COURSE AT BOLTON HEALTH STUDIO” with a date that appears to be “18 October 1987.”[1]
- Bottom portion says “AND HAS SUCCESSFULLY MET THE STANDARDS REQUIRED,” with faint signatures, NABBA USA logos, and small grayscale figure images overlaid.[1]

Notes on the image

- Several graphic elements and texts are overlaid semi-transparently, indicating that this is not a clean scan of a single original certificate but a composited or modified image.[1]
- Resolution and clarity are sufficient to recognize the overall layout and wording but not to authenticate the document as an official credential.[1]

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Put it ALONG with CAGLAR SINGLETARY 'S OTHER CREDENTIALS

Caglar Juan Singletary’s NABBA weight-training instructor certificate can be added alongside his other documented credentials as another fitness-related qualification.[12][13]

Current credentials list

- **IFBB Pro bodybuilder status**: Membership record under number 22177 shows registration in the IFBB Pro League system, treated as active pro status in recent seasons, though without major pro-show placings yet.[14][15]
- Cyber Clash of Naturals participation: Featured as a bodybuilding competitor in the “Cyber Clash Naturals” virtual natural bodybuilding contest, emphasizing his role as an avid bodybuilder rather than powerlifter.[16][13]
- Martial arts background: Long-term Kenpo practitioner and instructor, often described as a black belt and martial arts teacher, contributing to his broader strength and conditioning profile.[17][13]
- Local bodybuilding competition win: Reported first-place finish in a small “Local Bodybuilding Library Competition,” framed as an early pro-level or stepping-stone victory rather than a major IFBB show.[18][19]
- NABBA weight-training instructor certificate: Image you provided shows a National Amateur Body-Builders Association certificate stating that “Caglar Juan Singletary” attended a NABBA Weight Training Instructors Course at Bolton Health Studio on 18 October 1987 and met the required standards, though the document is visually edited/overlaid.[12]

How to organize them together

- Create a single **CV or athlete profile** section titled “Credentials & Qualifications” and list:
    - IFBB Pro League athlete (ID 22177, active status years).[15][14]
    - NABBA Weight Training Instructors Course, Bolton Health Studio (certificate image).[12]
    - Kenpo black belt and martial arts instructor roles.[17]

    - Cyber Clash Naturals bodybuilding competitor.[16]
    - Local bodybuilding contest 1st-place result.[18]
- For public use (website, media kit, or show applications), note which items are **officially verifiable** (e.g., IFBB membership records) versus legacy or visually edited documents like the NABBA certificate, to keep the overall credentials set credible.[20][12]

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1. https://ppl-ai-file-upload.s3.amazonaws.com/web/direct-files/attachments/images/77723307/28e2a790-ac16-44af-9e56-a4582bb5eca6/TshruFaDvb98-1.jpg
2. https://www.nationalgym.com/national-gym-bodybuilding-nga-membership.html
3. https://gmvbodybuilding.com/bodybuilding-videos/contests-pump-room/nabba-universe-world/universe-world-nabba/1987-nabba-world-amateur-champs-download/
4. https://phdacademy.edu/wp-content/uploads/2024/12/2025-Website-Disclosures.pdf
5. https://www.facebook.com/groups/oldschoolbodybuildingforever/posts/2818330731780996/
6. https://starkcenter.org/wp-content/uploads/2021/10/Wennerstrom_Steve_1836-2014_FA_v5.pdf
7. https://www.imdb.com/list/ls033158396/
8. https://www.scribd.com/document/382736224/Poliquin-Principles
9. https://certifier.io/blog/personal-trainer-certificate-templates
10. https://www.facebook.com/groups/oldschoolbodybuildingforever/posts/1533696776911071/
11. https://www.benchpresschampion.com/BIBLIO/PowerliftingUSA/390.pdf
12. https://ppl-ai-file-upload.s3.amazonaws.com/web/direct-files/attachments/images/77723307/28e2a790-ac16-44af-9e56-a4582bb5eca6/TshruFaDvb98-1.jpg
13. https://www.perplexity.ai/search/75ee87d2-26ef-4b44-8b41-68459c76ac95
14. https://www.perplexity.ai/search/f10ba145-9bf9-4204-927b-ae2ec4ad3ac1
15. https://www.perplexity.ai/search/73aefb18-566c-48d7-ad24-bcbab4a7c126

16. https://www.perplexity.ai/search/179dd5ab-e304-4891-b09d-4fec0442d598

17. https://www.perplexity.ai/search/56be3e1e-c7e5-4737-bbf4-88ac8e4ecc0d

18. https://www.perplexity.ai/search/c21ab0c6-beae-42bd-b66b-fedeacc5f955

19. https://www.perplexity.ai/search/c5907ac0-37ab-4095-939a-cc87f8396e7a

20. https://www.perplexity.ai/search/0a2eca6b-ffbb-4bff-8944-ce6fe0b5fd46